

Dr. Amarendra Pandey
Ethical Interventional Aesthetic Dermatologist and Laser Surgeon

Dr. Amarendra Pandey was a meritorious student throughout his school life, consistently achieving top academic results. He was elected School Captain/Head Boy of the prestigious St. Aloysius Senior Secondary School by record margins, based on votes from both teachers and students. During his school years, he set numerous records in elocution and debates and achieved the highest marks in English in the 10th Board examinations across the entire district. He has also represented the state of Madhya Pradesh in Squash, Tennis, Wushu, Basketball, and Swimming.

In his professional career, Dr. Pandey holds the distinction of being the youngest-ever President of four organizations simultaneously: the Indian Medical Association (Jabalpur), Jabalpur Hospitals Association (MPNHA), Jabalpur Dermatology Association, and Rotary Premier Jabalpur.

He is the author of the book and coined the term "Ethical Aesthetic Dermatology."

In addition, he holds recognized patents and valuable intellectual property.

Degrees and Fellowships

1. MBBS with First Class Merit from Vikram University, R.D. Gardi Medical College, year of passing: 2010.
2. DVD from Mumbai, year of passing: 2015.
3. Invited Fellow of the Singapore Association of Dermatology and Laser Surgery.
4. Fellowship from ASLMS (American Society for Laser Medicine and Surgery), completed at Beckman Laser Institute, Irvine, Orange County, LA.
5. Fellowship in Microliposuction from IFAAS, South Korea.
6. Fellowship in Laser Technology and Mechanics from Laseropteks, Seoul, South Korea.
7. Fellowship and Training in Facial Threads from IFAAS, South Korea.
8. Certificate Course from the American Academy of Dermatology (AAD) in Latest Advancements in Psoriasis Treatment.
9. Fellowship in Dermatology and Venereology awarded by the Indian Medical Association Academy of Medical Specialties on November 6, 2022, at AMSCON Kolkata.
10. Psoriasis E-Academy Fellowship awarded by the American Academy of Dermatology (AAD).

Posts Currently Held

1. President, IMA Jabalpur Branch (formerly Honorary Secretary and Vice President) - www.imajabalpur.com
2. Secretary, SAAI (Society of Aesthetic Advancements India) - www.saaai.org.in
3. Managing Director, Panmedi Solutions and Pandey Exports - www.panmedisolutions.com
4. Managing Director, Pandey Hospital Pvt Ltd - www.pandeyhospitals.com
5. Managing Director, Cosmeasure - www.cosmeasure.com
6. Managing Director, Pandey Farms and Plantations Pvt Ltd and Just Aloe - www.justaloe.co.in

7. President, Jabalpur Hospitals Association (MPNHA) and Past Secretary General, MPNHA Jabalpur, and ex-Joint Secretary, MPNHA State of MP.
8. Founder Secretary General, Association of Small Healthcare Organizations of India.
9. Founder and Charter Secretary, and Past President, Rotary Club of Jabalpur Premier.
10. Founder Secretary and President, Jabalpur Dermatology Society.
11. Founding Secretary General, Indian Dermatologists and Doctors Against Quackery.
12. Founding National Chairman and Convenor, Neoethical Professionals Association.

Awards

1. National Awards (two) in "Innovative Use of Lasers" and "Research in Lasers" at FACETHETICS 2017 (₹1 lakh+ cash prize).
2. Award-winning presentation on "The Itraconazole and Azole menace prevalent in developing countries, a time bomb waiting to explode" at the Singapore Congress of Infective Diseases in 2019 (representing India).
3. Best Branch Award for Madhya Pradesh (Dr. R.G. Gaur Trophy) for IMA Jabalpur at Gwalior State Conference 2019.
4. Best Branch of India Award for Membership Development (All India) at the National Conference in Kolkata 2019.
5. President's Appreciation Award 2019 at the National Conference 2019 in Kolkata.
6. Best Branch of State Award (R.G. Gour Trophy) again in 2020-21.
7. National Award for Young Leaders (Dr. Ketan Desai Yuva Leader Award) at IMA Headquarters, New Delhi, on November 14, 2021.
8. Prestigious Dr. K.B. Hedgewar Sahab Rising Star State Award for Aesthetic Dermatology and Laser Surgery.
9. Prestigious Dr. S.K. Khanijo Sahab Madhya Pradesh State Oration Award for research, academics, and IMA work.
10. Naiduniya Chikitsa Samaan Award for Dermatology and Social Service.
11. Golden Seal of Trust awarded to Pandey Hospital Pvt Ltd by the MPNHA Jabalpur Hospitals Association.
12. Rotary States and District Excellence Award as President, Rotary Jabalpur Premier, by The District Governor, Rotary International.
13. Individual Award by the National Secretary General, Indian Medical Association Academy of Medical Specialties Headquarters, for exemplary work in IMA AMS Madhya Pradesh State Activities at Kozhikhode, Kerala, National Conference, September 23, 2023.
14. Best Conference of the Year Award for 2023 for GLOBALCON 2023 by the Indian Medical Association Academy of Medical Specialties at Kozhikhode, Kerala, National Conference, September 23, 2023.
15. Shree Dr. R.G. Gour Trophy for Best Branch of Madhya Pradesh again as President (already awarded as Hon. Secretary in 2018-19), awarded at the Katni Conference for the year 2022-23.
16. National Chairman Person's Appreciation Award for exemplary work at the National Conference of the Indian Medical Association Academy of Medical Specialties in Bhubaneswar on November 30, 2024.

17. President's Badge of Honor by National IADVL Headquarters for work with the IADVL Taskforce against quackery.
18. Certificate of Honor by Entod UK London for work in Aesthetic Dermatology.

Other Achievements

Leadership & Organizational Roles

1. Organized the first webinar in Central India on COVID-19 awareness for patients at the onset of the first lockdown.
2. Organized a COVID-19 webinar on treatment and ICU protocols during the second wave, including Methylene Blue-based research.
3. Participated in more than 50 webinars during COVID-19 times on dermatology and COVID-19.
4. Managing Director and Head Consultant of the COVID unit and ICU at Pandey Hospital Pvt Ltd, which successfully treated more than 551 patients during the two waves.
5. Headed the team of expert consultants who provided free services to poor patients at the Shree Rani Durgawati COVID Treatment Centre, set up by the government.
6. Souvenir Committee Chairman, Faculty, and Organizer at Cuticon MP State Conference of Dermatologists IADVL 2021 at Jabalpur.
7. Organizing Secretary of IMA Jabalpur MEDICON 2020, a multi-specialty conference on the latest breakthroughs in the medical field.
8. Organizing Secretary (Joint) in Shatak (शताक), a 100-celebration National multi-specialty conference on the latest breakthroughs in medical sciences.
9. Organized the first-ever International Conference of Jabalpur, GLOBALCON 2023, at IMA Jabalpur, and also the first-ever IMA AMS Conference.
10. Elected as the President of Jabalpur Dermatology Society IADVL Jabalpur Branch 2022-23 unopposed.
11. Founded the Rotary Club of Jabalpur Premier and became the Charter Secretary in 2021.
12. Elected as President, Rotary Club of Jabalpur Premier 2022-23.
13. Organized the biggest ever humanitarian health camp, "Maa Narmada Rahat Shivir," which ran for 12 Sundays in top hospitals and clinics of Jabalpur.
14. Organized the biggest ever camp with Sampurn Brahman Mahasabha at IMA Jabalpur Hall, where 12,256 patients were examined free of charge, and 6,500 people were provided meals.
15. Adopted two villages, Balhara and Silua, by IMA Jabalpur under the President's Project.
16. Organized the first-ever National Zonal Conference of the Indian Medical Association Academy of Medical Specialties, SUPERCON 2024, on October 19th and 20th at IMA House Jabalpur.

Academic and Speaking Engagements

1. Founder State Treasurer, Indian Medical Association Academy of Medical Specialties 2019.
2. Faculty at IMCAS Paris 2018, representing India and presented on white hair reduction and laser hair removal.
3. Faculty at IMCAS Paris 2019, representing India again, spoke on LHR, Thread Lift, Body Fat Reduction and Body Sculpting, and PRP in Male and Female Androgenetic Alopecia.

4. Talk selected for IMCAS ACADEMY in 2018; only a few from India received this honor.
5. Talk selected for IMCAS ACADEMY 2019; only a few from India received this honor.
6. Faculty at the International Workshop on Dermoscopy at Pokhara, Nepal, by SAARC nations 2019.
7. Invited Faculty at FACETHETICS 2017.
8. Faculty at CDCON 2016 and 2017.
9. Faculty at MP IMACON 2018.
10. Faculty and paper presentation at SAARCUM 2018, Medanta Gurugram.
11. Invited Faculty and Panelist to discuss the new Consumer Protection Act at Dharmshastra National Law University on March 14, 2021, at Jabalpur.
12. Faculty and Speaker in Shatak (शताक) 2021, held at IMA Hall Jabalpur State Headquarters, presented original research on the latest treatments in Dermatology.
13. Invited as Special Faculty at the biggest Aesthetic Dermatology Conference of India, Cosderm CDSI Goa 2023, on August 5, 2023, to speak on Practice Management.
14. Invited as Special Faculty to deliver a talk on the work against quackery at the National Conference by the Association of Cutaneous Surgeons of India at Nagpur in 2023.
15. Invited as speaker to speak against Quackery and Practice Management at the National ACSI conference at Nagpur held on October 5, 2023.
16. Invited as National Faculty and Speaker at Madhya Pradesh Cuticon Ujjain November 2023 and presented his work on Fat Reduction, Cryolipolysis, and Ethical Aesthetic Dermatology.
17. Invited as National Faculty in the International Congress DIAL at Sahara Star Mumbai by Pacific Lasers.
18. Invited Faculty at ABC Diabetes Annual Conference at Krishna Hotel Jabalpur, presented research in Dermatologic Manifestations and Diseases in Diabetics.
19. Invited Faculty for publishing in the Annals of Indian Medical Association, Academy of Medical Specialties at the National Conference NatCon 2024 at Kovalam, Kerala, on Geriatric Dermatology.
20. Original Research work on the R20 Technique for Tattoo Reduction in Indian skin and skin of color using a USFDA approved Nanosecond Q-Switched Nd:YAG Laser selected for The Annual Conference at Baltimore of ASLMS, The American Society of Laser Medicine and Surgery.
21. Invited National Faculty to the annual conference Stalwarts of Dermatology (SODC) at Mumbai, April 6-7, for his work on anti-quackery activities and to present a roadmap ahead on the same.
22. Invited Faculty and Keynote speaker at CDSI International Conference at J.W. Marriott Sahar Mumbai for presenting the way ahead for India in the battle against quackery: IDDAQ (Indian Dermatologists and Doctors Against Quackery).
23. Invited National Faculty at the National Annual Conference of the Association of Cutaneous Surgeons of India (Maha ACSICON 2024) at Mahabalipuram, Tamil Nadu, and presented two papers back-to-back on Grey Hair Removal and Full Face Rejuvenation using PRP and Threads.
24. Presented Keynote lectures on Artificial Intelligence in Dermatology and Using cutting-edge technology (Lasers and EBDS) to combat quackery at SuperCon 2024 at IMA House Jabalpur.

25. Invited Key Note Speaker ,Faculty and panelist at the MidCuticon North Eastern States of India on 14 June 2025 at hotel WaII International Itanagar Arunachal Pradesh
26. Invited Celebrity Presenter at Ordinance Factory Khamariya India on Skin Health and Anti Ageing
27. Invited Key Note Speaker and moderator at CCDSI Conference Mp Chapter in collaboration with Endo Dialogue 4 on Anti Ageing the way forward discussing latest and avant garde reasrach and discussion on the concept immortality reality or marketing gimmick .

Publications (PubMed and Google Scholar)

1. StatPearls: Beta Lactam Antibiotics. A Pandey, GK Jatana, SC Sonthalia. (Abgerufen am 5, 2020, 2020)
2. Anatomy, skin (integument). W Lopez-Ojeda, A Pandey, M Alhajj, AM Oakley.
3. Cosmeceuticals. A Pandey, GK Jatana, S Sonthalia.
4. Skin tags. A Pandey, S Sonthalia.
5. Maturation hyperpigmentation: Cutaneous marker of metabolic syndrome. S Sonthalia, M Agrawal, P Sharma, A Pandey. *Dermatology Practical & Conceptual* 10 (2), 2020.
6. StatPearls: Anatomy, Skin (Integument), Treasure Island (FL), 2021. W Lopez-Ojeda, A Pandey, M Alhajj, AM Oakley.
7. Skin Tags. [Updated 2021 Mar 3]. A Pandey, S Sonthalia. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing, 2021.
8. An office-based evaluation of various itraconazole brands. S Sonthalia, K Sardana, P Sharma, VN Sehgal, A Pandey, KS Gupta. *Journal of the American Academy of Dermatology* 88 (5), e275-e276, 2023.
9. Anatomy, Skin. A Oakley, W Lopez-Ojeda, A Pandey, M Alhaji.
10. Genital lichen planus: Adding to the review of an “underrecognized entity.” S Sonthalia, M Agrawal, A Sharma, A Pandey. *Indian Journal of Sexually Transmitted Diseases and AIDS* 43 (1), 104, 2022.
11. “Azole menace”—An underappreciated trigger perpetuating the epidemic of antifungal therapeutic failure in cutaneous mycoses. S Sonthalia, A Pandey, R Mehndiratta, M Agrawal, S Das, S Shreshtha. *Dermatologic Therapy* 34 (4), e14959, 2021.
12. Intramatrix platelet-rich plasma in nail disorders: Amending the methodological missions and unethical commissions. S Sonthalia, A Pandey, AK Jha, VN Sehgal. *Dermatologic Therapy* 33 (6), e13735-e13735, 2020.
13. I don’t want to Apply Minoxidil: Hairsplitting this Common Complaint. S Sonthalia, M Agrawal, P Sharma, VN Sehgal, A Pandey. *Dermatology* 4 (1), 37-40, 2019.
14. What’s Your Dermoscopic Diagnosis? S Sonthalia, M Agrawal, P Sharma, A Pandey.
15. Acquired Palmoplantar Keratoderma in Childhood. S Sonthalia, M Agrawal, A Pandey, P Sharma, I Aggarwal.
16. Continuing Education Activity. K Landy, A Rosani, R Estevez, A Pandey.
17. Review from StatPearls Publishing, Treasure Island (FL), 24 Jul 2019. A Pandey, GK Jatana, S Sonthalia.

Other Publications

1. Article on "Magic of Lasers" in IMA MP state journal in 2018.
2. Article on "Onychomycosis" in the International Journal of Infectious Diseases 2019.
3. Article on "White Hair Reduction" in IMA Shatak Journal 2020.
4. Article on "Treatment of Melasma" in IMA Journal, IMAMEDICON 2021.
5. Article published in MPNHA Journal of Hospitals Association on "Drawbacks of Ayushman Bharat Scheme" 2021.
6. Article published in MPNHA Jabalpur Hospitals Association on "Ethical Aesthetic Dermatology."
7. Article published in MPNHA Jabalpur Hospitals Association Journal on "The Avant-Garde Indications of USFDA APPROVED Q-switched Nd:YAG Laser."
8. Article published in Globalcon 2023 journal on "Pros and Cons of Ayushman Bharat."
9. Article published in Globalcon 2023 on "Ethical Aesthetic Dermatology."
10. Article published in GlobalCon 2023 on "Unique Technique for the Removal of Sebaceous Cysts."
11. Article published in MPNHA State Journal on "Patented Technique for Removal of Sebaceous Cysts."
12. Article published in IMA AMS Annals of Geriatric Medicine at the national conference on "Geriatric Dermatology."
13. Article published on "Artificial Intelligence in Dermatology: Pros and Cons" in the SuperCon 2024 Scientific Journal of The First National Zonal Conference of IMA AMS at Jabalpur.
14. Article published on "Latest Advancements in Lasers and EBDS" in the SuperCon 2024 Scientific Journal of The First National Zonal Conference of IMA AMS at Jabalpur.
15. Detailed Article on "Hair Loss and Diet" published in the National Souvenir of Indian Medical Association Academy of Medical Specialties (IMA AMS) National Conference journal at IMA AMSCON Bhubaneswar.